

## **MEDICAL & EMERGENCY INFORMATION**

### **EMERGENCY NUMBERS**

**AMBULANCE, FIRE, POLICE            911**

#### ***Denise House - Sedna Women's Shelter And Support Services***

Phone: 905-728-7311  
1-800-263-3725

#### ***Distress Centre Durham***

Phone: 905-433-1121  
1-800-452-0688

#### ***Durham Region Sexual Assault/Domestic Violence Care Centre***

Phone: 905-668-3050

#### ***Durham Regional Police Service***

Phone: 905-579-1520, ext. 1836.... Whitby Community Office  
905-579-1520....Durham East  
905-683-9100.... Durham West

#### ***Emergency Medical Services (Ambulance) - Durham Region Health Dept.***

Phone: 905-665-6313  
1-877-999-4336

#### ***Ontario Regional Poison Information Centre – Toronto Site***

Phone: 1-800-268-9017

#### ***Whitby Fire And Emergency Services***

Phone: 905-668-3312.... Administration  
905-433-1234.... Communications

#### ***YWCA Durham 24 Hour Crisis Line for Abused Women***

Phone: 905-576-2997

### **HOSPITAL EMERGENCY DEPARTMENTS**

#### ***Lakeridge Health Oshawa***

Phone: 905-576-8711  
Web Site: [www.lakeridgehealth.on.ca](http://www.lakeridgehealth.on.ca)  
Address: 1 Hospital Court, Oshawa, ON

#### ***Rouge Valley Ajax and Pickering Health Centre***

Phone: 905-683-2320  
Web Site: [www.rougevalley.ca](http://www.rougevalley.ca)  
Address: 580 Harwood Avenue South, Ajax, ON

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### **WALK-IN MEDICAL CLINICS** .....Call individual clinic to verify hours.....

#### ***Health Care Options – Medical Services Directory Ontario Ministry of Health and Long-Term Care***

Web Site: [www.hco-on.ca/English/Search](http://www.hco-on.ca/English/Search)

Description: - user-friendly searchable database of walk-in and after hours clinics, urgent care centres, and family health care providers

#### ***Family Care Medical Clinic***

Phone: 905-430-5305  
Address: Whitby Town Square, 3050 Garden Street North, Unit 104, Whitby, ON  
Hours: Monday to Thursday 8 am – 9 pm; Friday 8 am – 5 pm;  
Saturday 9 am – 5 pm; Sunday 8 am – 4 pm

#### ***Kendalwood Clinic***

Phone: 905-404-9191  
Address: 1801 Dundas Street East, Whitby, ON L1N 7C5  
Hours: Monday 9 am – 6 pm; Tuesday, Wednesday, Thursday 10 am – 8 pm;  
Friday 9 am – 2 pm; Saturday 10 am – 1 pm

#### ***MCI Medical Clinics Inc. - Whitby***

Phone: 905-668-6448  
Address: 80 Thickson Road South, Whitby, ON L1N 7T2  
Hours: Monday to Thursday 9 am – 8 pm; Friday & Saturday & Holidays 9 am – 3 pm

#### ***North Whitby Medical Centre***

Phone: 905-430-2400  
Address: 3975 Garden Street, Whitby, ON  
Hours: Monday to Friday 8 am – 8 pm; Saturday & Sunday 10 am – 3 pm

#### ***Primecare Medical Centre***

Phone: 905-217-0040  
Address: 965 Dundas Street West, Whitby, ON  
Hours: Monday to Friday 5 pm – 8:30 pm

#### ***Whitby Clinic Urgent Care***

Phone: 905-668-3378  
Address: 200 Brock Street North, Whitby, ON  
Hours: Monday to Friday 5 pm – 8 pm; Saturday 9 am - 12 noon; Sunday 10 am – 1 pm

#### ***Whitby Medical Arts Urgent Care***

Phone: 905-436-2273  
Address: 1615 Dundas Street East, #201, Whitby, ON L1N 2L1  
Hours: Monday to Thursday 9 am – 8 pm; Saturday, Sunday, Holidays 9 am – 3 pm

#### ***Whitby Medical Walk-in Clinic***

Phone: 905-444-9493  
Address: Unit E106, 3910 Brock Street North, Whitby, ON L1R 3E1  
Hours: Monday to Thursday 8:30 am – 8:30 pm; Friday 8:30 am - 3:00 pm;  
Saturday & Sunday 9 am - 1 pm

#### ***Whitby Urgent Care - Dundas Centre Medical***

Phone: 905-668-7899  
Address: 220 Dundas Street West, Whitby, ON  
Hours: Monday to Thursday 10 am – 7 pm; Friday 10 am – 4 pm; Saturday 9 am – 1 pm

## **MEDICAL & EMERGENCY INFORMATION**

### **TO FIND A NEW DOCTOR**

#### ***Family Doctor Search – College of Physicians and Surgeons of Ontario***

*Phone:* 1-800-268-7096 ext. 626

*Web Site:* [www.cpso.on.ca](http://www.cpso.on.ca)

*Description:* • search for information about family physicians, including their practice addresses, telephone numbers, qualifications and whether they are accepting new patients

#### ***Health Care Connect – Ontario Ministry of Health and Long-Term Care***

*Phone:* 1-800-445-1822.

*Web Site:* <http://www.health.gov.on.ca/ms/healthcareconnect/public/index.html>

*Description:* • a program to help Ontarians without a family health care provider find one

**Yellow Pages** under “Physicians” or “Clinics - Medical”.

### **ONTARIO HEALTH CARD**

#### ***Ontario Health Insurance - Oshawa Claims Payment Operations Office***

*Phone:* 905-434-3700

*Web Site:* [www.health.gov.on.ca](http://www.health.gov.on.ca)

*Address:* Executive Tower, 4th floor, 419 King Street West., Oshawa, ON L1J 7J2

*Hours:* Monday to Friday 8:30 am - 5 pm; Thursdays to 7 pm by appointment only

*Services:* • registers and provides access to government funded health care services • processes medical claims for payment to fee-for-service providers • manages the fee-for-services transfer payment

### **GENERAL HEALTH INFORMATION**

#### ***Telehealth Ontario***

*Toll Free:* 1-866-797-0000 • A call to Telehealth Ontario does **NOT** replace 911

*TTY:* 1-866-797-0007

*Hours:* 24 hours/day, 7 days/week

*Web Site:* [www.health.gov.on.ca/english/public/program/telehealth/telehealth\\_mn.html](http://www.health.gov.on.ca/english/public/program/telehealth/telehealth_mn.html)

*Description:* • free, confidential service to obtain health advice or information • does not diagnose illness or replace the advice of your physician

#### ***Durham Region Health Department***

*Phone:* 905-668-7711

*Toll Free:* 1-800-841-2729

*Web Site:* [www.durham.ca](http://www.durham.ca)

*E-Mail:* [health@durham.ca](mailto:health@durham.ca)

*Office:* 605 Rossland Road East, 2<sup>nd</sup> Floor, Whitby, ON L1N 6A3

*Hours:* Monday to Friday 8:30 am - 4:30 pm

*Description:* • **Environmental Health** - food and private drinking water safety, infection outbreak control and investigation, pest control, animal bite and rabies reporting, • **Disease Prevention** - programs to reduce illness and death associated with chronic diseases, injuries and substance abuse • **Family Health Programs** - infant development, dental treatment, sexual reproductive health • **Oral Health Programs** - preventive services offered to children identified through the Dental Screening program • Ontario Works Dental Programs

*For further details visit our Community Information database at*

**[www.whitbylibrary.on.ca](http://www.whitbylibrary.on.ca)** Or call Whitby **Central Library - Reference Desk** 905-668-6531 ext. 2020